



**Dr. Orlando Nuñez, DPM, MD**  
 Podiatric Surgeon  
 Fellow of the Academy of Ambulatory Foot and Ankle Surgery  
 Minimally Invasive Surgery

**Patient Rights**

You are receiving this notice of rights with the expectation that it will contribute to a more effective patient care experience at the Surgery Center. We want our patients to feel confident in the health services they will be receiving and to take an active role in their care. These rights have been verbally explained to me. **Initials:** \_\_\_\_\_

As a Patient at the Coeur d’Alene Foot & Ankle Surgery Center, **you have a right to:**

- **Be fully informed** about a treatment or procedure and the expected outcome before it is performed. The Coeur d’Alene Foot & Ankle Surgery Center will provide the patient or patient’s representative the information needed in order to make “informed” decisions regarding his/her care and the patient’s participation is encouraged.
- **Personal Privacy** during personal hygiene activities during medical/surgical treatments, and when requested as appropriate.
- **Receive care in a safe setting**, with the ASC meeting all Medicare Accreditation Standards.
- **Be free from all forms of abuse or harassment.** The CDA Foot & Ankle Surgery Center will prohibit all forms of abuse, neglect and harassment and any forms of prejudice from staff, other patients, or visitors and ensure you receive considerate and respectful care.
- **Confidentiality of health information.**
- Although all surgical procedures performed at the Coeur d’Alene Foot & Ankle Surgery Center are done under local anesthetic without IV sedation, and therefore present very little risk to life safety, you have a right to: **Emergency Services** if a patient’s health is in serious danger and an **advance directive** (such as a living will, care proxy, or durable power of attorney for health care). If you have an Advanced Directive, it is your responsibility to provide us with a copy to be placed in you medical record if you wish it to be on file. If you do not have an Advanced Directive form, you can visit [https://sos.idaho.gov/hcdr/LivingWill\\_DurablePowerOfAttorney.pdf](https://sos.idaho.gov/hcdr/LivingWill_DurablePowerOfAttorney.pdf) to download the form or we can provide you with a copy upon your request. It is our policy, supported by State Law, regardless of the contents of any Advance Directive or instructions from a health care surrogate or attorney in fact, that if an adverse event occurs during your treatment at this facility We WILL initiate resuscitative or other stabilizing measures and transfer you to an acute care hospital for further evaluation. At the acute care hospital, further treatment or withdrawal of treatment measures already begun will be ordered in accordance with your desired care, as you Advance Directive of Health Care Power of Attorney is stated., IF YOU DO NOT AGREE TO THIS POLICY WE WILL BE UNABLE TO PROCEED WITH YOUR ELECTIVE SURGERY.
- **Voice complaints** and receive a fair, fast, and objective review of any complaint you have concerning your doctors and other health care personnel. This includes complaints about waiting times, operating hours, and the adequacy of the health care facility.

Complaints may be directed to:

Administrator of the Surgery Center at (208) 666-0814 or the website for the Office of the Medicare Beneficiary Ombudsman <https://www.cms.gov/Center/Special-Topic/Ombudsman/Medicare-Beneficiary-Ombudsman-Home> and/or Surveyor at the Bureau of Facility Standards Email: [fsb@dhw.idaho.gov](mailto:fsb@dhw.idaho.gov) Office Phone (208) 334-6626 Address 450 W. State Street, 6th Floor Boise, ID 83702

The Coeur d’Alene Foot & Ankle Surgery Center is under the ownership of Dr. Orlando Nuñez and Dr. Stephen Isham.

I ACKNOWLEDGE THAT I HAVE READ AND FULLY UNDERSTAND THE ABOVE INFORMATION AND RECEIVED A COPY.

Patient/Representative Name (Print)

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Signature

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Date

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**Post Operative Instructions**

1. Take your prescribed medications as instructed:  

Antibiotic	Pain Pills	Nausea
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2. Keep your bandages clean and dry. DO NOT remove the bandages or inspect the wound. If the bandage does happen to get wet, let air dry.
3. Follow these instructions:
  - A. DO NOT cross your legs. This cuts off circulation to the feet and causes swelling.
  - B. If your feet swell, lie down with your feet up and your head lower than the rest of your body. This allows congested blood to leave your feet and relieve the pressure.
  - C. Exercise the legs periodically by bending the knees and ankles to stimulate circulation and avoid muscle cramping.
  - D. DO NOT sit with your feet propped up for long periods of time. Either lie down or walk periodically.
  - E. Walk only in your special postoperative shoes (no barefoot walking) if instructed to do so.
4. You may begin walking to tolerance right away. Walking in moderation is better for you than sitting following foot surgery because it increases blood supply to the feet, preventing complications.
5. Call this office immediately if:
  - A. There is excessive bleeding (dripping). It is normal to see blood on the outer bandage.
  - B. Your medication does not stop the pain.
  - C. You should bump or injure your foot.
  - D. You develop a fever.
  - E. Any event occurs which you feel is an emergency.

During business hours 9a-5p, call the office at (208) 666-0605. If no answer, or after hours, call:

Dr. Nuñez (208) 640-6809  
 Michelle K. RN (208) 755-8720 (cell)

6. You may feel a clicking or popping sensation when you walk after certain procedures. The bones naturally try to adjust to the desired and balanced anatomical position as you bear weight. This is a normal part of the healing process with this surgical technique. It is temporary and to be expected.
  7. Take your regular medications, eat a well-balanced diet, and drink plenty of water.
  8. Apply an ice pack to the foot and ankle up to 15 minutes on and 15 minutes off to reduce pain and swelling. Continue to ice during the healing process as needed.
  9. Please notify our office if you develop signs of illness within 2 weeks after your surgery.
  10. Your next appointment is on:
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Patient's name

Date