



**Dr. Orlando Nuñez, DPM, MD**  
Podiatric Surgeon  
Fellow of the Academy of Ambulatory Foot and Ankle Surgery  
Minimally Invasive Surgery

### **PRE-OPERATIVE INSTRUCTIONS**

1. If you are on regularly required medications, continue taking them as prescribed, unless otherwise instructed.
2. Eat or drink normally, unless otherwise instructed.
3. Have an icepack on hand in your freezer for post-operative swelling.
4. Arrange for transportation to take you home after the surgery is completed unless driving yourself has been approved by Dr. Orlando Nuñez.
5. In most cases a special post-operative shoe will be dispensed to be worn on the affected foot.
6. If questions arise regarding your surgery and/or anticipated recuperation, please contact the office as soon as possible to speak with the nurse or physician.
7. During the procedure, an osteotomy (surgical cutting of the bone) may be used to correct the deformities present.
8. A prescription will be issued the day of the surgery to reduce possible discomfort after the surgery.
9. A pre-operative antibiotic may be given the day of the surgery at the discretion of your physician.
10. You may request oral Valium to be given at the time of surgery to alleviate anxiety. Approval will be at the discretion of the doctor. Please let us know if you would like to exercise this option.
11. You have the option of being prescribed EMLA cream which is a topical anesthetic to help decrease skin sensation prior to the injections to numb the foot. Please let us know if you would like to exercise this option.
12. Please notify our office prior to surgery if you are currently on a pain contract.



**Dr. Orlando Nuñez, DPM, MD**  
Podiatric Surgeon  
Fellow of the Academy of Ambulatory Foot and Ankle Surgery  
Minimally Invasive Surgery

**PATIENTS (NON-MEDICARE) WITH INSURANCE**

Dear Patient,

If surgery is required to correct a foot problem, **please check with your insurance company before your surgery appointment.** It is your responsibility to know your insurance benefits. Also, check if preauthorization is required or a second opinion is needed. We will supply you with any information you may need upon your request.

There will be **two claims** sent to your insurance company. When calling your insurance company please check with them in regards to both of your billings. One will be for the doctor performing the surgery and the other will be for the surgery center itself, which is a separate certified ambulatory surgical center (ASC). Fees include the rental of the surgical suite, the services of the Registered Nurses, and the supplies that are used during the surgery.

After your insurance company pays their portion and we have written off any disallowed portions of your bill, you are responsible for the remaining balance. If you have a balance in both facilities, **please make two separate payments:** one for the **doctor** that performed the surgery and the other to **CDA Foot & Ankle Surgery Center.**

If you have any questions or concerns, please contact our office.